

Trekking of
LENÇÓIS

MARANHENSES

8 DAYS / 7 NIGHTS

Day 1: SÃO LUIS – BARREIRINHAS – RIO PREGUIÇAS – ATINS

Upon arrival at São Luís Airport, you will be greeted and transferred by private vehicle to Barreirinhas. From there, board a private speedboat for a journey along the Preguiças River to Atins Beach. A 4×4 vehicle will be waiting to take you to the village of Atins for check-in at your pousada.





Day 2: ATINS – CANTO DO ATINS LAGOON TOUR & SUNSET PICNIC

Enjoy a free morning to explore Atins village and its stunning beach. In the afternoon at 3:00 PM, embark on a 4×4 excursion to the Canto do Atins lagoon circuit, home to the season's most beautiful lagoons (including Lagoa do Gavião, Lagoa do Kite, and Lagoa da Gaivota). Stop for swimming and photos. Depending on the season (May to early July), you may also visit Bonzinho Waterfall. The tour culminates with a scenic sunset picnic. Return to Atins after dark. Evening at leisure.

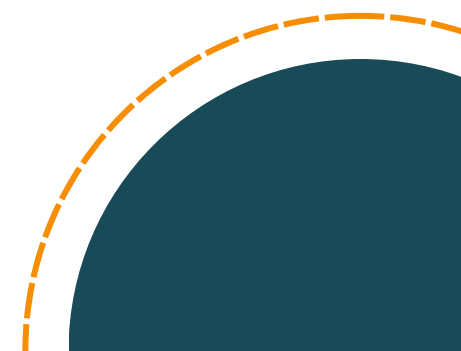


Day 3: ATINS

A full day at your leisure to relax on the beach, explore the village, or optionally book a kite surfing lesson (own expense).

Day 4: ATINS – BAIXA GRANDE (Breakfast, Lunch, Dinner)

An early start at 5:00 AM for a 4×4 ride along the coast to the trailhead at Rio Negro or Duna da Bandeira. Begin your trek into the heart of the national park, hiking approximately 8 km (4 hours) over dunes to reach the oasis of Baixa Grande. Along the way, stop to swim in stunning, remote lagoons. Upon arrival, settle in and enjoy a regional lunch and dinner (included), featuring local specialties like free-range chicken, goat, or fresh fish (vegan/vegetarian options available). The evening is free to interact with the local community. Overnight in simple accommodations at the oasis.



Day 5: BAIXA GRANDE – QUEIMADA DOS BRITOS (Breakfast, Lunch, Dinner)

After an early breakfast, begin today's longer trek around 6:00 AM. The 14 km (approx. 5.5-hour) hike takes you past the park's most famous and beautiful lagoons, with plenty of opportunities to swim and take photos. Your destination is the iconic oasis village of Queimada dos Britos, famed for its appearance in films like House of Sand. Lunch and dinner (included) are served at the community, with the same delicious regional options. Another evening to experience the unique culture of the park's inhabitants.



Day 6: QUEIMADA DOS BRITOS – BETÂNIA – SANTO AMARO (Breakfast, Lunch)

A very early departure (around 4:00 AM) to begin the 17 km trek to Betânia. This longest hiking day (approx. 7 hours) is rewarded with breathtaking views of the park's largest lagoons. Arrive in Betânia around 11:00 AM for lunch (included) at a local restaurant. After some time to rest, transfer by vehicle to the town of Santo Amaro (2-hour journey).



Day 7: SANTO AMARO – LAGOA DAS EMENDADAS

Enjoy a relaxed morning to recover from the trek. At 2:00 PM, take a short 4x4 ride (30 min) to the park entrance. From there, embark on a gentle 3 km walk through pristine dunes to the stunning Lagoa das Emendadas, one of the park's most beautiful and secluded spots. Enjoy time to swim before hiking to a high dune for a spectacular sunset view. Return to Santo Amaro as the evening sets in. Overnight in Santo Amaro.





Day 8: SANTO AMARO – SÃO LUÍS DEPARTURE

After breakfast, check out and transfer to São Luís Airport at a pre-arranged time for your departing flight.

In a Nutshell

- Private transfer from airport to hotel in Atins (arrival)
- Private Excursion to visit Lagoons with Picnic
- 3 days of private trekking with meals and night included
- Private Excursion to emendadas
- Private transfer to São Luis' Airport
- Santo Amaro tourism fees
- 24/7 English-speaking WhatsApp support

Hotels

- Atins: Atins Charme Chalé
- Baixa Grande: Redário
- Queimada dos Britos: Redário
- Santo Amaro: Rancho das Dunas

Prices

- From € 2.500.00 per person travelling 4 people
- From € 3.100,00 per person travelling 2 people

